

Summer 2009

Ledbury & District News



VOLUNTEER AWARDS

An Awards ceremony took place on Saturday 28th February at The Kinle Centre, Hereford. Volunteer drivers and desk volunteers from the Ledbury 'Ring and Ride' service, Community Voluntary Action were awarded ten and fifteen year service awards.

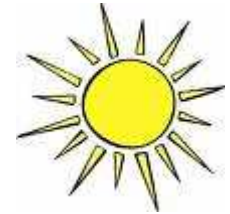
The ex SAS soldier 'Brummie' Stokes MBE, BEM presented 15 year awards to Rosemary Ballard, Maggie Clarke, Cicely Palmer, Kate Greenall, Jessie Williams, Fred Drayson, Gwen Rose, Christine Bebbington and Alan Mason. Ten years awards were presented to Liz Ogilive-Smals, Barbara and John Dutton, Brian Meadows, Rex Chamberlain, Michael Burke, Arthur Wrench and John Astbury.



Other volunteers from Community Transport services in Herefordshire were also awarded service awards and everyone enjoyed an interesting and inspirational talk from Brummie Stokes. After the awards ceremony everyone enjoyed a lunch buffet.

Reg Taylor the Coordinator of Ledbury Ring and Ride scheme said that the people of Ledbury and District should be very proud of their volunteers who had over so many years devoted their time to helping people who were unable to use or have access to public transport. Many people who use our service tend to be elderly with mobility problems or are people from remote rural areas.

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New Project Stepping Stones

This project is to support individuals who would like to volunteer but need some support in order to do this. Individuals will have the choice of having individual support, training in literacy & numeracy, GNVQ's or attending courses. There will be workshops on pain management for those living with illness, confidence, self-esteem, dealing with frustration, team building and communication all free. Individuals can pick and choose what they feel they need to help them volunteer. So if you or anyone you know could benefit from this project then contact Tess on 01531 635339 or email tess.cva_bv@yahoo.co.uk (Tess add and stones logo)

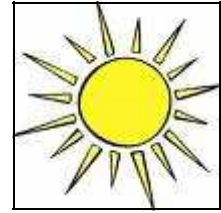


Advertise your Group for Free!



To advertise your group for free and help individuals find out who you are, what you do and where you meet, log on and register your group at the find groups website at www.findgroups.org.uk . Just click on the add group button on the bottom half of the page to list your details. For those without access to the internet call Tess on 01531 635339 to be added

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Volunteer Sector Assembly

'How can the Voluntary Sector best influence decisions that shape our communities?'

The Volunteer Sector Assembly acts as the overall voice for voluntary groups throughout Herefordshire. The VSA works to bring about positive changes to support volunteering.

There will be a consultation of all voluntary groups on the 21st of May at the Royal National Institute for the Blind conference Centre. The event starts at 10 am until 12p.m.

For more information please contact Sue Black on 01432 343932 or email sue@herefordshireva.org



Kindly Supported by



Want to develop your communication and number handling skills for FREE?

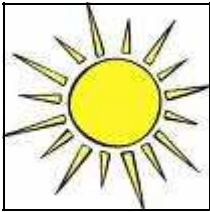
Herefordshire College of Technology are able to offer training in these two areas, free of charge. We visit your organisation and deliver training on-site, through a fully qualified and experienced tutor. If you would like to brush up on your skills, we can help you, across a wide range of abilities. You can get nationally recognised qualification.

These courses can benefit your volunteers and staff team, enhancing their work. If you also work with clients in the local community, we can partner with you, so that you can offer these course to your clients as well.

To arrange a free on -site consultation or for any general advice , please call Benson Ferrari on 07973 472521 or 01432 365348. You can also email FerrariB@hct.ac.uk



Community Voluntary
Action
Salters Yard
Bye Street



Tel	01531 636006
Transport	01531 636333
Ring & Ride	01531 635503
Volunteer Centre	01531 635339
Mobility Centre	01531 636001

Ledbury Volunteer Centre and H.E.L.P Partnership



Herefordshire Literacy Project is working in partnership with Ledbury and District Volunteer Centre to open up volunteering to those members of the community for whom English is a second language. Individuals will be offered the opportunity to develop their English skills, Numeracy and gain GNVQ qualifications, as well as, gain experience through volunteering in the local community. All leaflets have been translated in a number of languages. All this is free! For More information about this project please contact Tess on 01531 635339 or email

Dates For Your Diary

Summer CVA Community Lunch Wednesday 3rd of June
Autumn CVA Community Lunch Wednesday 30th of September

Save the Planet

Would you like to receive this newsletter electronically? If you would like to save paper and help us conserve our resources? then you can apply to have this Newsletter sent you via email.

To do so
please email tess.cva._bv@yahoo.co.uk with the email address you would like this to be sent to.



Community Voluntary Action AGM

This will be held on the 22nd of June at 7pm at the Catholic Church Hall on New Street. Any groups wishing to bring publicity material are welcome to bring this along.

Part of the function of the Community Voluntary Action 'Ledbury & District News' is to give local groups operating in the Ledbury area the opportunity to increase awareness of their activities. We therefore welcome articles for the publication, free of charge.

Please submit any articles you wish to publish to:

Tess Director of the Volunteer Centre Ledbury and District,
Community Voluntary Action, Salters Yard, Bye Street,

Ledbury for the opportunity to have your article published in the next Ledbury & District News.